

Exhibit A



FOOD FUN LOCATIONS MERCHANDISE COMPANY

MENU | NUTRITION | SLIDER RE-HEATING | SLIDER SECRET | FROZEN FOODS

NUTRITION INFO

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## NUTRITION

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### Nutrition Facts

SERVING SIZE (g)\*\*  
 CALORIES  
 FAT CALORIES  
 % DAILY VALUE  
 % DAILY VALUE  
 CHOLESTEROL (mg)  
 SODIUM (mg)\*  
 TOTAL CARBS (g)  
 DIETARY FIBER (g)  
 SUGARS (g)  
 VITAMIN A  
 CALCIUM  
 CAFFEINE (mg)

#### SANDWICHES

SERVING SIZE (g)**	CALORIES	FAT CALORIES	% DAILY VALUE	% DAILY VALUE	CHOLESTEROL (mg)	SODIUM (mg)*	TOTAL CARBS (g)	DIETARY FIBER (g)	SUGARS (g)	VITAMIN A	CALCIUM	CAFFEINE (mg)
3.5 oz												
3.5 oz												
3.5 oz												
3.5 oz												
3.5 oz												
3.5 oz												
3.5 oz												
3.5 oz												
3.5 oz												
3.5 oz												

Coca-Cola Classic\*\*\*

Diet Coke\*\*\*, Chicago, Detroit, Minneapolis, Nashville, New Jersey, St. Louis regions

Sprite\*\*\*

#### DISCLAIMERS

- \*Sodium values may vary depending on the amount of sodium used in the preparation of the product.
- \*\*Serving size and number of servings per container are based on the product as sold.
- \*\*\*Nutritional values for beverages are based on the product as sold.
- †Percent Daily Values are based on a diet of other people's secrets.
- ††Percent Daily Values are based on a diet of other people's secrets.
- †††Nutritional values for beverages are based on the product as sold.

Nutrition information on all White Castle products is provided by the White Castle Company, Inc. Nutrition values listed on this website are for informational purposes only and may not be available at all locations.

#### Nutritional Disclaimer

The nature of fast-food preparation makes it impractical to provide exact nutritional information. Therefore, the information listed should be considered guidelines. Serving sizes may vary from quantity sold, which the analysis was conducted. Variation may occur depending on the supplier, seasonal variations, region of country, recipe variations, immediate preparation and variation in product assembly. Customized orders with a change in nutritional values for menu items. Certain menu items may not be available at all locations.

Nutrition information was derived from the following sources: independent laboratories, USDA National Database, and supplier nutritional information. Nutritional information is based on standard product formulations. Variations may occur.

We encourage people with allergies and sensitivities to food to contact the White Castle Consumer Affairs Department for the most up-to-date information at 1-800-THE CRAVE (1-800-845-2728) or visit our about web site: [www.whitecastle.com](http://www.whitecastle.com)

Nutrition Facts	Serving Size (g)	Calories	Fat (g)	% Daily Value	Sat Fat (g)	% Daily Value	Trans Fat (g) ▲	Cholesterol (mg)	% Daily Value	Sodium (mg)	% Daily Value	Total Carb (g)	% Daily Value	Dietary Fiber (g)	% Daily Value	Sugars (g)	Protein (g)	% of RDI		
																		Vitamin A	Vitamin C	Calcium
SANDWICHES & MEALS																				
White Castle	30	140	61	7	13	3	0.5	15	5	240	10	13	4	0	0	1	6	0	0	1
Cheeseburger	50	160	30	9	14	4.5	0.5	20	7	330	15	13	4	0	0	2	7	2	0	3
Jalapeno Cheeseburger	45	170	30	10	15	5	0.5	25	8	410	17	13	4	0	0	2	8	0	0	4
Bacon Cheeseburger	75	200	31	12	18	5	0.5	30	10	500	21	13	4	0	0	2	10	2	0	4
Double White Castle	105	250	130	14	22	6	1	40	10	400	17	13	6	1	4	2	11	0	0	6
Double Cheeseburger	110	290	160	18	28	9	1	45	15	650	27	13	6	1	4	2	14	4	0	6
Double Jalapeno Cheeseburger	120	320	180	20	31	10	1	50	17	740	31	20	7	3	4	3	14	2	0	6
Double Bacon Cheeseburger																				
Chicken Ring Sandwich	130	360	210	23	35	11	1	60	20	930	39	20	7	3	4	2	18	4	0	6
Chicken Ring Sandwich	62	170	70	8	12	2	1.50	35	12	300	16	12	6	3	3	1	7	0	0	4
Chicken King Sandwich w/Cheese																				
Chicken King Sandwich	69	190	50	10	15	3.50	10	30	10	250	20	17	6	4	0	2	9	2	0	6
Chicken Breast Sandwich w/Cheese																				
Chicken Breast Sandwich	83	210	70	8	12	2.5	1.5	25	8	210	30	20	7	3	4	0	13	2	0	2
Chicken Supreme, Detroit, Cincinnati regions																				
Chicken Supreme	86	230	90	10	15	3.5	1.8	30	12	300	33	22	7	3	4	0	14	2	0	2
Fish w/Cheese	77	180	70	8	12	2.5	1	35	8	400	18	16	6	3	0	2	10	2	0	0
Surf & Turf, New Jersey, New York regions																				
Surf & Turf	158	390	200	22	34	9	1	65	22	720	30	22	9	1	4	3	20	3	0	6
CHEESES																				
Nacho Cheese Sauce, Cincinnati, Chicago, Indianapolis, Minneapolis, New Jersey regions																				
Nacho Cheese Sauce	47	50	35	4	6	1	0.5	0	35	0	400	17	3	1	0	0	<1	0	0	0
Cheese Sauce, Nashville, Louisville, Minneapolis regions																				
Cheese Sauce	43	130	30	10	15	3.5	1.8	3	310	3	500	23	6	2	0	3	3	35	0	0
Cheddar Cheese Sauce, St. Louis																				
Cheddar Cheese Sauce	48	40	30	3	5	1	0	0	0	300	15	3	1	0	0	0	0	0	0	0
Cheddar Cheese Sauce New York regions																				
Cheddar Cheese Sauce	43	70	40	4.5	7	1	0	1.5	0	350	15	6	2	0	0	1	0	0	0	0
American cheese slice																				
American cheese slice	7	25	20	2	3	1.5	0	10	3	125	5	0	0	0	0	0	1	2	0	0
Jalapeno cheese slice																				
Jalapeno cheese slice	9	35	30	3	5	2	0	10	3	170	5	3	0	0	0	0	2	0	0	0



Nutrition Facts	Serving Size (g)	Calories	Fat (g)	% Daily Value	Saturated Fat (g)	% Daily Value	Trans Fat (g) ▲	Cholesterol (mg)	% Daily Value	Sodium (mg)	% Daily Value	Total Crap (g)	% Daily Value	Protein (g)	% of RDI						
															Vitamin A	Vitamin C	Iron				
French Fries, Louisville, St. Louis regions																					
3.7 oz	100	300	340	35	22	2.5	12	3.5	0	8	240	10	38	13	4	16	1	4	0	0	4
French Fries, New York region																					
4.12 oz	117	330	340	16	28	3	35	5	0	0	274	13	38	14	4	16	2	4	0	0	6
French Fries, Detroit, Chicago, New York, New Jersey, Nashville, Minneapolis, Indianapolis, NE OH, Columbus, Cincinnati regions																					
8.6 oz	244	700	318	34	52	6	30	11	0	0	560	23	89	30	5	36	3	9	0	0	10
French Fries, Chicago, Nashville, Minneapolis, Indianapolis, NE OH regions																					
3.8 oz	102	300	320	14	22	2.5	13	3.5	0	0	235	10	37	12	4	16	1	4	0	0	4
French Fries, Chicago, New Jersey, Nashville, Minneapolis, Indianapolis, NE OH, Columbus, Cincinnati regions																					
3.8 oz	108	310	340	15	23	3	15	4	0	0	250	10	39	13	4	16	1	4	0	0	4
Onion Chips, Columbus region																					
2.9 oz	84	270	360	18	28	3	15	4	0	0	310	21	47	16	3	8	2	5	0	0	4
Onion Chips, Detroit region																					
3.5 oz	98	420	480	20	31	3.5	18	4.5	0	0	390	25	55	18	2	8	2	16	0	0	4
Onion Chips, Cincinnati, Columbus, Indianapolis, Minneapolis, NE OH regions																					
3.9 oz	112	480	310	23	35	4	26	5	0	0	670	28	62	21	2	8	3	7	0	0	6
Onion Chips, Cincinnati, Columbus, Detroit, Indianapolis, Minneapolis, NE OH regions																					
7.95 oz	225	980	420	47	72	8	48	16	0	0	1350	56	132	42	5	20	18	13	0	0	10
Onion Rings, Chicago region																					
4 Rings	388	230	310	12	18	2	18	2.5	0	0	260	11	28	9	4	0	2	0	0	0	2
Onion Rings, Chicago, Louisville, St. Louis regions																					
7 Rings	350	400	320	21	32	3.5	18	4	0	0	500	19	49	16	3	4	4	0	0	0	4
Onion Rings, Chicago Suck, Louisville, Nashville Suck, regions																					
13 Rings	278	750	350	39	60	6	36	7	0	0	860	36	51	30	2	8	15	8	0	0	8
Onion Rings, New York, New Jersey regions																					
8 Rings	364	200	380	9	14	1.5	8	2	0	0	220	9	38	9	4	4	2	0	0	0	2
Onion Rings, New York region																					
15 Rings	325	390	350	17	26	3	15	4	0	0	400	17	53	18	3	8	3	5	0	0	4
Onion Rings, New Jersey region																					
18 Rings	439	460	190	21	32	3.5	18	5	0	0	540	20	53	21	2	8	3	5	0	0	6
Chicken Rings																					
6 Rings	300	340	230	23	25	4.5	23	4	0	0	27	60	28	15	5	0	0	18	0	0	10
9 Rings	368	510	300	34	52	7	25	6	0	0	40	101	42	25	8	0	0	27	0	0	20
Chicken Strips, Columbus, NE OH, Detroit, New Jersey, New York regions																					
4 oz	365	1130	300	76	63	15	25	13	0	0	87	124	93	31	17	0	0	60	0	0	45
Fish Nibblers																					
Small Order 14 pieces	177	260	140	16	25	3.5	18	4.5	10	10	370	36	48	8	20	0	19	0	0	25	6
Large Order (Suck), 48 pieces	402	1090	940	56	86	12	60	16	310	5	2080	134	82	27	1	68	0	65	0	0	30
Mozzarella Cheese Sticks																					
3 Sticks	79	240	100	14	22	6	30	2	20	7	750	31	32	7	4	4	10	6	0	25	2
5 Sticks	150	430	210	23	35	10	39	3	30	13	390	52	37	12	5	8	3	17	0	40	4
10 Sticks	304	840	410	46	71	20	70	6	75	25	240	104	73	24	6	20	6	34	0	80	0

Nutrition Facts	Serving Size (g)	Calories	Fat Calories	Fat (g)	% Daily Value	Sat Fat (g)	% Daily Value	Trans Fat (g) ▲	Cholesterol (mg)	% Daily Value	Sodium (mg)	% Daily Value	Total Carb (g)	% Daily Value	Dietary Fiber (g)	% Daily Value	Sugars (g)	Protein (g)	% of RDI			
																			Vitamin A	Vitamin C	Calcium	Iron
CONDIMENTS																						
BBQ Sauce All Regions																						
1 Packet	9	15	0	0	0	0	0	0	0	0	170	7	3	1	0	0	3	0	0	0	0	
BBQ Sauce All Regions																						
1 Container	28	35	5	0.5	1	0	0	0	0	0	400	16	8	3	0	0	7	0	2	0	0	
Dusseldorf Mustard, Chicago, Cincinnati, Louisville, Nashville regions																						
1 Packet	5.5	0	0	0	0	0	0	0	0	0	65	3	0	0	0	0	0	0	0	0	0	
Fat Free Honey Mustard Sauce All Regions																						
1 Packet	12	20	0	0	0	0	0	0	0	0	60	3	3	2	0	0	5	0	0	0	0	
Fat Free Honey Mustard Sauce All Regions																						
1 Container	28	50	0	0	0	0	0	0	0	0	140	6	12	4	0	0	10	0	0	0	2	
Grape Jelly - New York, Indianapolis, Minneapolis, Louisville, Chicago																						
1 Container	14	35	0	0	0	0	0	0	0	0	0	0	9	30	0	0	7	0	0	0	0	
Hamburger Sauce, Detroit region																						
1 1/2 tsp	7	0	0	0	0	0	0	0	0	0	75	3	0	0	0	0	0	0	0	0	0	
Horseradish Mustard, Indianapolis, St Louis regions																						
1 Packet	5.5	0	0	0	0	0	0	0	0	0	65	3	0	0	0	0	0	0	0	0	0	
Hot Sauce All Regions																						
1 Packet	7	0	0	0	0	0	0	0	0	0	170	7	0	0	0	0	0	0	4	2	0	
Ketchup, All Regions																						
1 Packet	9	10	0	0	0	0	0	0	0	0	100	4	3	1	0	0	2	0	0	0	0	
Ketchup - Chicago, Cincinnati, Columbus, Detroit, Louisville, Minneapolis, Nashville, New York, New Jersey, NE Ohio																						
1 tsp	12	20	0	0	0	0	0	0	0	0	190	8	2	2	0	0	4	0	2	0	0	
Lemon Juice - All Regions																						
1 packet	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Maple Syrup -																						
1 Container	43	120	0	0	0	0	0	0	0	0	25	1	31	10	0	0	2	0	0	0	0	
Marinara Sauce All Regions																						
1 Container	28	15	0	0	0	0	0	0	0	0	200	11	4	1	0	0	3	0	0	0	0	
Mayonnaise All Regions																						
1 Packet	9	60	60	7	11	1	3	0	5	2	55	2	0	0	0	0	0	0	0	0	0	
Mustard - Columbus, Detroit, Minneapolis, Nashville, NE Ohio, New Jersey, New York, regions																						
1 Packet	5.5	0	0	0	0	0	0	0	0	0	85	3	0	0	0	0	0	0	0	0	0	
Mustard - Indianapolis																						
1 tsp	5	0	0	0	0	0	0	0	0	0	85	4	0	0	0	0	0	0	0	0	0	
Mustard - Minneapolis, Columbus, Detroit, NE Ohio																						
1 tsp	5	0	0	0	0	0	0	0	0	0	60	3	0	0	0	0	0	0	0	0	0	
Ranch Dressing All Regions																						
1 Container	28	150	150	17	26	2.5	13	0	13	5	210	9	0	0	0	0	0	0	0	0	0	
Seafood Sauce - All Regions																						
1 container	28	30	0	0	0	0	0	0	0	0	310	14	7	2	0	0	6	0	0	6	0	
Spicy Hamburger Sauce - Chicago, Minneapolis regions																						
1 1/2 tsp	7	0	0	0	0	0	0	0	0	0	80	3	1	0	0	0	1	0	0	0	0	
Strawberry Jam - Chicago, New York, Indianapolis, Louisville																						
1 container	14	40	0	0	0	0	0	0	0	0	0	0	10	3	0	0	0	0	6	0	0	
Tartar Sauce, All Regions																						
1 Packet	9	30	25	2.5	4	0	0	0	0	0	115	5	2	1	0	0	1	0	0	0	0	
Tartar Sauce, Chicago, Minneapolis, New Jersey, New York regions																						
1 Container	28	90	70	8	13	1.5	8	0	13	5	220	9	4	1	0	0	4	0	0	0	0	
White Castle Zesty Zing Sauce All Regions																						
1 Container	28	110	100	11	17	1.5	8	0	19	5	190	8	3	1	0	0	3	0	0	0	0	



[illegible]

[illegible]

Nutrition Facts	Serving Size (g)														% of RDI						
	Calories	Total Fat (g)	% Daily Value	Sat Fat (g)	% Daily Value	Trans Fat (g)	Cholesterol (mg)	% Daily Value	Sodium (mg)	% Daily Value	Total Carb (g)	% Daily Value	Dietary Fiber (g)	% Daily Value	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron	
MILK SHAKES																					
Chocolate Shake, Columbus region																					
	21	430	110	12	18	8	40	40	13	360	15	68	23	0	0	64	12	0	8	40	0
	32	650	160	18	28	12	60	60	20	540	23	103	34	0	0	97	18	0	10	60	0
	44	890	230	25	38	17	85	85	38	750	31	144	47	0	0	133	25	0	16	80	0
Vanilla Shake, Columbus region																					
	21	410	105	12	18	8	40	40	13	360	15	64	21	0	0	64	12	0	8	40	0
	32	620	160	18	28	12	60	60	20	540	23	97	32	0	0	97	18	0	10	60	0
	44	860	230	25	38	17	85	80	27	750	31	133	44	0	0	133	25	0	15	80	0
Strawberry Shake, Columbus region																					
	21	480	110	12	18	8	40	40	13	360	15	82	27	0	0	82	12	0	8	40	0
	32	730	160	18	28	12	60	60	20	540	23	124	41	0	0	124	18	0	10	60	0
	44	1010	230	25	38	17	85	80	27	750	31	171	57	0	0	171	25	0	15	80	0
Chocolate Shake Chicago region																					
	10	190	20	2	3	1.5	8	10	3	135	6	38	13	0	0	35	3	0	0	20	0
	21	390	40	4.5	7	3	15	15	5	280	12	82	27	0	0	73	6	0	0	40	0
	32	600	60	7	11	4.5	23	20	7	430	18	125	42	0	0	112	9	0	0	60	0
Vanilla Shake Chicago region																					
	10	190	20	2	3	1.5	8	10	3	130	5	31	10	0	0	27	3	0	0	20	0
	21	320	40	4.5	7	3	15	15	5	280	12	65	22	0	0	56	6	0	0	40	0
	32	490	60	7	11	4.5	23	20	7	430	18	99	33	0	0	86	9	0	0	60	0
Strawberry Shake Chicago region																					
	10	190	20	2	3	1.5	8	10	3	135	6	40	13	0	0	36	3	0	0	20	0
	21	400	40	4.5	7	3	15	15	5	280	12	83	28	0	0	74	6	0	0	40	0
	32	610	60	7	11	4.5	23	20	7	430	18	127	42	0	0	114	9	0	0	60	0
Chocolate Shake Cincinnati region																					
	21	570	150	17	26	9	45	40	20	540	14	91	30	0	0	87	12	0	0	40	0
	32	860	220	25	38	14	70	60	32	820	22	139	46	0	0	132	19	0	0	70	0
Vanilla Shake Cincinnati region																					
	21	550	140	16	25	9	45	40	20	540	14	89	30	0	0	85	12	0	0	40	0
	32	840	220	24	37	14	70	60	30	820	22	134	45	0	0	133	19	0	0	70	0
Strawberry Shake Cincinnati region																					
	21	550	140	16	25	9	45	40	20	540	14	88	30	0	0	84	12	0	0	40	0
	32	840	220	24	37	14	70	60	32	820	22	136	45	0	0	134	19	0	0	70	0
Vanilla Shake Minneapolis region																					
	10	450	130	14	22	9	35	50	17	530	12	73	26	0	0	69	4	0	0	30	0
	21	680	190	21	32	13	55	60	27	800	33	118	39	0	0	104	5	0	0	40	0
	32	940	260	29	45	18	80	70	37	1100	46	162	54	0	0	149	8	0	0	70	0
Strawberry Shake Minneapolis region																					
	10	520	140	14	22	9	35	50	17	530	12	68	32	0	0	64	3.5	0	0	30	0
	21	790	190	21	32	13	55	60	27	800	33	146	49	0	0	114	5	0	0	40	0
	32	1090	260	29	45	18	80	70	37	1100	46	200	67	0	0	156	8	0	0	70	0
Vanilla Shake New York region																					
	21	470	120	13	20	9	35	45	15	530	23	79	26	0	0	75	9	0	0	45	0
	32	720	180	20	31	13	55	70	23	840	34	131	40	0	0	115	13	0	0	70	0
	44	990	250	28	43	18	80	90	30	1160	48	166	55	0	0	158	18	0	0	90	0
Chocolate Shake New York region																					
	21	490	130	13	20	9	35	45	15	530	17	88	29	0	0	80	9	0	0	45	0
	32	740	180	20	31	13	55	70	23	810	25	128	43	0	0	123	13	0	0	70	0
	44	1020	250	28	43	18	80	90	30	1130	35	178	58	0	0	166	18	0	0	90	0
Chocolate Shake Indianapolis region																					
	10	230	70	6	9	4.5	23	20	7	160	7	36	12	0	0	31	7	0	0	20	0
	21	470	110	12	18	9	45	45	15	340	14	76	25	0	0	64	15	0	0	40	10
	32	730	170	19	29	14	70	70	23	510	21	106	39	0	0	99	23	0	0	60	20
Chocolate Shake St Louis region																					
	21	450	130	14	22	9	35	50	17	530	10	71	24	0	0	68	10	0	0	30	0
	32	690	190	21	32	13	55	60	27	830	15	109	36	0	0	102	15	0	0	40	0
	44	950	260	29	45	20	80	70	37	1080	20	140	50	0	0	122	21	0	0	60	0
Chocolate Shake New Jersey region																					
	21	580	140	15	23	10	40	50	17	540	14	97	32	0	0	98	15	0	0	60	10
	32	890	210	23	35	15	74	60	23	820	22	138	49	0	0	149	23	0	0	70	15
	44	1230	290	32	49	21	103	100	33	1110	30	200	68	0	0	193	32	0	0	90	20
Vanilla Shake New Jersey region																					
	21	560	140	15	23	10	40	50	17	560	14	92	31	0	0	94	15	0	0	60	0
	32	860	210	23	35	15	74	60	23	820	22	140	47	0	0	149	23	0	0	70	0
	44	1180	290	32	49	21	103	100	33	1110	30	192	64	0	0	163	32	0	0	90	20
Chocolate Shake Louisville region																					
	10	410	110	12	18	8	40	45	18	570	11	67	23	0	0	63	9	0	0	40	0
	21	590	140	15	23	10	40	50	17	570	13	86	29	0	0	81	11	0	0	45	0
	32	810	210	23	35	15	74	60	37	540	23	104	45	0	0	103	17	0	0	70	10
Vanilla Shake Nashville region																					
	21	520	130	15	23	9	45	45	15	390	16	83	28	0	0	83	12	0	0	30	0
	32	790	210	23	35	14	70	60	23	790	23	125	42	0	0	125	19	0	0	45	0
Chocolate Shake Nashville region																					
	21	560	140	15	23	9	45	45	18	570	13	84	31	0	0	84	12	0	0	40	0



Nutrition Facts																				% of RDI		
	Serving Size (g)	Calories	% Daily Value	Total Fat (g)	% Daily Value	Trans Fat (g)	Cholesterol (mg)	% Daily Value	Sodium (mg)	% Daily Value	Total Carb (g)	% Daily Value	Dietary Fiber (g)	% Daily Value	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron		
MILK SHAKE																						
Chocolate Shake, Columbus region																						
	21	430	110	12	18	8	40		40	13	360	15	64	23	0	0	64	12	0	8	40	0
	32	650	160	18	28	12	60		60	20	540	23	103	34	0	0	97	18	0	10	60	0
	44	890	230	25	38	17	85		85	28	750	31	141	47	0	0	133	25	0	16	80	0
Vanilla Shake, Columbus region																						
	21	410	108	12	18	8	40		40	13	360	15	64	21	0	0	64	12	0	8	40	0
	32	630	160	18	28	12	60		60	20	540	23	97	32	0	0	97	18	0	10	60	0
	44	860	230	25	38	17	85		80	27	750	31	133	44	0	0	133	25	0	15	80	0
Strawberry Shake, Columbus region																						
	21	480	110	12	18	8	40		40	13	360	15	82	27	0	0	82	12	0	8	40	0
	32	730	160	18	28	12	60		60	20	540	23	124	41	0	0	124	18	0	10	60	0
	44	1010	230	25	38	17	85		80	27	750	31	171	57	0	0	171	25	0	15	80	0
Chocolate Shake Chicago region																						
	10	190	20	2	3	1.5	0		10	3	135	6	30	13	0	0	33	3	0	0	20	0
	21	390	40	4.5	7	3	15		15	5	280	12	62	27	0	0	73	6	0	0	40	0
	32	600	60	7	11	4.5	25		20	7	430	18	125	42	0	0	112	9	0	0	60	0
Vanilla Shake Chicago region																						
	10	150	20	2	3	1.5	0		10	3	130	5	31	10	0	0	32	3	0	0	20	0
	21	320	40	4.5	7	3	15		15	5	260	12	65	22	0	0	50	6	0	0	40	0
	32	490	60	7	11	4.5	25		20	7	390	18	99	33	0	0	96	9	0	0	60	0
Strawberry Shake Chicago region																						
	10	190	20	2	3	1.5	0		10	3	135	6	30	13	0	0	36	3	0	0	20	0
	21	400	40	4.5	7	3	15		15	5	280	12	64	28	0	0	74	6	0	0	40	0
	32	610	60	7	11	4.5	25		20	7	430	18	127	42	0	0	114	9	0	0	60	0
Chocolate Shake Cincinnati region																						
	21	570	130	17	26	9	45		140	20	340	14	91	30	0	0	172	12	0	0	45	0
	32	860	220	25	38	14	70		210	32	520	22	159	46	0	0	232	19	0	0	70	0
Vanilla Shake Cincinnati region																						
	21	550	140	16	25	9	45		140	20	340	14	89	30	0	0	165	12	0	0	45	0
	32	840	220	24	37	14	70		200	30	520	22	156	45	0	0	232	19	0	0	70	0
Strawberry Shake Cincinnati region																						
	21	550	140	16	25	9	45		140	20	340	14	89	30	0	0	165	12	0	0	45	0
	32	840	220	24	37	14	70		200	32	520	22	156	45	0	0	232	19	0	0	70	0
Vanilla Shake Minneapolis region																						
	10	450	100	14	22	9	45		50	17	330	22	73	26	0	0	96	4	0	0	30	0
	21	680	160	21	32	13	65		80	27	500	33	118	39	0	0	147	5	0	0	40	0
	32	940	260	29	45	18	90		110	37	710	46	162	54	0	0	218	8	0	0	60	0
Strawberry Shake Minneapolis region																						
	21	530	140	14	22	9	45		50	17	330	22	66	32	0	0	94	3.5	0	0	30	0
	32	790	190	21	32	13	65		80	27	500	33	146	49	0	0	174	5	0	0	40	0
	44	1090	260	29	45	18	90		110	37	710	46	200	67	0	0	256	8	0	0	60	0
Vanilla Shake New York region																						
	21	470	110	11	16	9	45		45	15	340	23	79	26	0	0	99	9	0	0	35	0
	32	720	180	20	21	13	65		70	23	540	35	121	40	0	0	115	13	0	0	50	0
	44	990	240	28	33	18	90		90	30	710	48	166	55	0	0	158	18	0	0	60	0
Chocolate Shake New York region																						
	21	490	120	13	20	9	45		45	15	340	17	84	28	0	0	99	9	0	0	35	0
	32	740	190	20	31	13	65		70	23	540	25	128	43	0	0	126	13	0	0	50	0
	44	1020	250	28	43	18	90		90	30	730	35	178	58	0	0	165	18	0	0	60	0
Chocolate Shake Indianapolis region																						
	10	230	30	6	9	4.5	25		10	7	160	7	36	12	0	0	31	7	0	0	20	0
	21	470	60	12	18	9	45		20	15	340	14	76	25	0	0	64	15	0	0	40	0
	32	730	170	19	26	14	70		30	23	510	21	116	39	0	0	99	23	0	0	50	0
Chocolate Shake St Louis region																						
	11	450	100	14	22	8	40	0	50	17	330	10	73	24	0	0	98	10	0	0	30	0
	21	690	160	21	32	13	65	0.5	80	27	530	15	169	36	0	0	146	15	0	0	40	0
	32	950	260	29	46	20	100	1	110	37	780	20	250	50	0	0	222	21	0	0	60	0
Chocolate Shake New Jersey region																						
	21	580	140	15	23	10	50		50	17	340	14	92	31	0	0	105	15	0	0	50	10
	32	890	210	23	35	15	75		70	23	520	22	148	49	0	0	119	23	0	0	70	15
	44	1230	290	32	49	21	105		100	33	710	30	200	68	0	0	163	32	0	0	100	20
Vanilla Shake New Jersey region																						
	21	560	140	15	23	10	50		50	17	340	14	92	31	0	0	105	15	0	0	50	0
	32	860	210	23	35	15	75		70	23	520	22	146	47	0	0	119	23	0	0	70	0
	44	1180	290	32	49	21	105		100	33	710	30	192	64	0	0	163	32	0	0	100	20
Chocolate Shake Louisville region																						
	16	410	110	12	18	8	40	0	45	18	370	11	67	22	0	0	111	9	0	0	45	6
	21	530	140	15	23	10	50	0	50	23	420	15	86	29	0	0	137	11	0	0	55	8
	32	810	210	23	35	15	75	0.5	110	37	540	23	138	45	0	0	202	17	0	0	70	10
Vanilla Shake Nashville region																						
	21	520	140	15	23	9	45	0	45	18	390	16	83	28	0	0	133	12	0	0	50	0
	32	790	210	23	35	14	70	0	70	23	590	25	162	42	0	0	162	19	0	0	75	0
Chocolate Shake Nashville region																						
	21	560	140	15	23	9	45	0	50	20	420	13	94	31	0	0	144	12	0	0	50	4

32	860	210	23	35	14	70	0	90	30	690	20	43	48	0	43	10	0	45
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## DISCLAIMERS

\* Sodium values may vary depending on restaurant preparation.

\*\*\*Sandwiches weight based on the weight before cooking.

All New York locations add ketchup to all their hamburgers. See condiments for nutritional values.

\*Sodium values may vary depending on the water used for the various.

\*\*\* Nutrition based on 1/3 cup of ice for beverages.

Nutrition Information on all Coca-Cola products provided by the Coca-Cola Company. FDA Rounding Rules used.

\*\*\*Louisville & Nashville does not serve this.

▲ represents Trans Fat information which will be updated as these values become available.

### Nutritional Disclaimer

The nature of restaurant preparation makes it impractical to provide exact nutritional information. Therefore, the information listed should be considered guidelines. Serving sizes may vary from quantity to quantity and from location to location. Variations may occur depending on the supplier, seasonal variations, region of country, recipe revisions, ingredient substitutions and variation in product assembly. Customized orders will also change nutritional values for menu items. Certain menu items may not be available at all locations.

Nutrition information was derived from the following sources: independent laboratories, USDA Nutrient Database, and supplier nutritional information. Nutritional information is based on standard product formulations; variations may occur.

We encourage people with allergies and sensitivities to food to contact the White Castles Consumer Affairs Department for the most up to date information at 1-800-THE-CRAVE (1-800-843-2728) or visit us at our website at [www.white-castles.com](http://www.white-castles.com).